

WATERROWER A1 HOME



Styling:

Home use

Material:

Ash wood with aluminum mono rail

Finish:

Wooden components, Danish Oil finish

Noise Level:

Soothing and relaxing

Intrusion Level:

Minimal intrusion

Resistance Method:

Patented WaterFlywheel emulates natural dynamic of rowing

Resistance Levels:

Unique self-regulating resistance, infinitely variable, suiting any user without adjustment

Muscle Groups Used:

All major muscle groups (84% of total muscle mass)

Maximum User Height:

Up to 39" (99 cm) Inseam

Maximum User Weight:

300bs (136kg)

Other User Issues:

No impact and non-load Bearing, perfect for users with joint concerns

Heart Rate Monitor:

Not available

Dimensions:

L- 82¼" (209cm), W- 22¼" (27cm), H- 20" (51cm)

Entry Height:

11" (30cm) (20"/50cm with Optional HiRise Adaptor)

Storability:

Stores Easily on End, L- 20" (51cm), W- 22¼" (27cm), H- 82¼" (209cm)

Weight:

66½lbs (30½kg) empty, 103½lbs (47kg) with 17l of water in the tank

Shipping Dimensions:

Tank Box L- 28" (71cm) x W- 24" (61cm) x H- 24" (31cm)

Rail Box L- 56" (143cm) x W- 13½" (35cm) x H- 10½" (17cm)

Shipping Weight:

Tank Box 48lbs (21½kg), Rail Box 33lbs (15kg)

Maintenance:

Virtually maintenance free. No lubrication required. Simply add a Chlorine Tablet every 6 months (Available Free of Charge)

Wearing Parts:

With high use, wearing parts may include: foot straps (which pass over the toes and the bungee)

Warranty:

Home Use Only Warranty: 1 Year; (Upgradeable to 3 year parts, 5 year frame free of charge with registration)

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